



# ORGANIC CLEAR FIBER™

- 100% natural acacia fiber
- Clear mixing
- Dissolves instantly in liquids & soft foods
- Flavor-free, grit-free
- Will not thicken or gel
- 5 grams fiber per serving
- Psyllium-free

Organic Clear Fiber is a natural source of dietary fiber that helps provide the 25-35 grams of daily fiber that many experts recommend. Made with only 100% organic acacia (a soluble fiber), it dissolves instantly in liquids and soft foods for a convenient fiber boost anytime.\* Plus, Organic Clear Fiber is perfect for cooking and baking!

Whenever you want to increase your fiber intake, simply stir Organic Clear Fiber into a glass of water or your favorite beverage, or sprinkle it into soups, stews and pasta sauces. The natural fiber supplement won't thicken or become gritty like some other products, and you can add it to any food without altering the original texture or flavor.

## Supplement Facts

Serving Size: 1 level tablespoon (5.6 grams)

	Amount per Serving	%DV**
Calories	20	
Total Carbohydrates	5 g	2%
Dietary Fiber	5 g	20%
Soluble Fiber	5 g	***
Organic Acacia Fiber	5.6 g	***

\*\* Percent Daily Values are based upon a 2,000 calorie diet.  
\*\*\* Daily Value not established

Ingredient: 100% organic acacia (soluble fiber)

**Directions:** For best results, mix one level tablespoon (5.6g or approximately 5 shakes) into 4 to 8 ounces of liquid or soft food up to 3 times daily. Stir until dissolved. Organic Clear Fiber dissolves best in liquids that are room temperature or warmer.

Not recommended for carbonated beverages.



Organic Clear Fiber was formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.



9.5 oz. 48 Servings



4.8 oz. 24 Servings

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.